



## Stark County Safety Council Monthly Luncheon Series



Meyer's Lake Ballroom • 3218 Parkway St NW, Canton Cost: \$16 per person

## Stress at Work; Stress from Work Which is it & Yow Safety is at Risk!

Margie Roop will discuss the elements of stress that workers experience while at work, where it comes from, as well as the stress that is caused by our experience at work. There are differences but there are similarities. In either case, one's personal safety can be compromised when a worker is in a state of stress, no matter its genesis. Ways of recognizing personal stress symptoms and techniques of de-stressing while at work will also be explored.



Margie Roop, LPCC-S; CEAP; SAP LifeServices EAP, Regional Director, Ohio



SPOTLIGHT COMPANY:



All attendees will have a chance to win a door prize provided by our spotlight company.

For reservations, **register online at <u>www.starkcountysafetycouncil.org</u>**, or complete the form and mail to the address below or fax it to (330) 489-6005. **REGISTRATION DEADLINE IS MONDAY, MARCH 14, 2016. RESERVATIONS ARE NECESSARY** UNLESS YOU ARE A SEASON PASS HOLDER.

The Stark County Safety Council is administered locally by the Canton Regional Chamber of Commerce and the Ohio BWC Division of Safety and Hygiene.

	Stark County Safety Council Luncheon 3/17/2016 - Meyer's Lake Ballroom, Canton			Canton Regional Chamber of Commerce 222 Market Ave., N., Canton, OH 44702		
Please make reservations at \$16 per person. Amount enclosed: Payment Options*:   Check enclosed						
☐ Please bill my credit card (circle one)	MasterCard VISA	AmEx [	Discover	CC#:	3 digit #:	_ Exp:
Name as it appears on card						
Attendees:	Company:					
Address:	City:		State:	Zip:	Phone:	Fax:

<sup>\*</sup>Payment due in advance or at the door. Reservation cancellations received less than 48 hours prior to the event will be billed accordingly.