



**STARK COUNTY**

**SAFETY COUNCIL**

**member news**

Volume 18 Issue 3 March 2020

starkcountysc.com

## Fall Protection Will Prevent Falls

*Provided by Curt Speck, President  
Safety Resources Company of Ohio and  
SCSC Steering Committee Member*

### Former Owner Sentenced For Willfully Violating Federal Fall Protection Standards

NAPLES, FL – On Sept. 26, 2015, OSHA conducted a fatality investigation after an SB Framing Services' employee fatally fell while doing construction work at a new residence in Naples. OSHA cited the company for a willful violation for failing to ensure the use of a fall protection system, and a serious violation for failing to train employees to recognize potential fall hazards. The U.S. District Court for the Middle District of Florida, Fort Myers Division, has sentenced Stalin Rene Barahona – former owner of the now-dissolved SB Framing Services Inc. in Naples, Florida – to 30 days in prison. Barahona pleaded guilty to one count of willfully violating federal fall protection standards.

*Continued top next page*



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**March 19, 2020**

## **“The Three Headed Monster: ADA, FMLA, and Workers' Compensation”**

**Michael J. Bogdan, Esq.  
Krugliak, Wilkins, Griffiths &  
Dougherty Co., L.P.A.**

## March Spotlight Co.



Training. You've got to do it, but man, sometimes it is just dull and painful! Monarch Endeavors, LLC takes training to the next level by providing customized training and consulting services to companies in a way that makes training fun (yes, really), memorable, and impactful. All training is customized to best fit your company, industry, and particular needs.

Training topics include (but are not limited to): harassment, discrimination, and retaliation; EEO compliance; OSHA and workplace safety; FMLA/ADA; workplace civility; diversity and inclusion; and best practices for managers and supervisors.

For more information, contact Julie Sumner at [jsumner@monarchendeavorsllc.com](mailto:jsumner@monarchendeavorsllc.com) or visit our website at [www.monarchendeavorsllc.com](http://www.monarchendeavorsllc.com) for more information.

**Stark County Safety Council Mission Statement:** *To provide a forum for safety and health information, education and networking through leadership, innovation, facilitation, programming, and support, in partnership with other public and private organizations.*

### FALLS FROM ROOFS CAN BE PREVENTED!

- ✓ Wear a harness and always stay connected
- ✓ Make sure your harness fits
- ✓ Use guardrails or lifelines
- ✓ Inspect all fall protection equipment before use
- ✓ Guard or cover all holes, openings, and skylights



**DON'T**  
Disconnect  
from the  
lifeline.

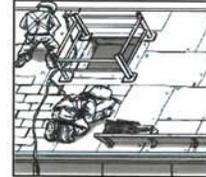


**DON'T**  
Work around  
unprotected  
openings or  
skylights.



**DON'T**  
Use  
defective  
equipment.

**PLAN** ahead to get the job done safely.  
**PROVIDE** the right roof equipment.  
**TRAIN** everyone to use the equipment safely.



#### OSHA Fall Prevention - Fact Sheet

### FALLS FROM LADDERS CAN BE PREVENTED!

- ✓ Choose the right ladder for the job
- ✓ Maintain three points of contact
- ✓ Secure the ladder
- ✓ Always face the ladder
- ✓ Guard or cover all holes, openings, and skylights



**DON'T**  
Overreach.



**DON'T**  
Stand on top or  
on the top step  
of a stepladder.

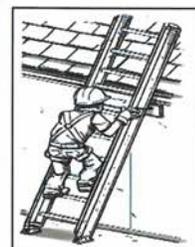


**DON'T**  
Place the  
ladder on  
uneven footing.



**PLAN** ahead to get the job done safely.  
**PROVIDE** the right roof equipment.  
**TRAIN** everyone to use the equipment safely.

#### OSHA Fall Prevention - Fact Sheet



### FALLS FROM SCAFFOLDS CAN BE PREVENTED!

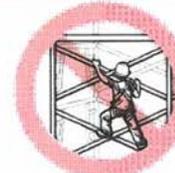
- ✓ Use fully planked scaffolds
- ✓ Ensure proper access to scaffold
- ✓ Plumb and level
- ✓ Complete ALL guardrails
- ✓ Ensure stable footing
- ✓ Inspect before use (by competent person)



**DON'T**  
Use a ladder on  
top of a  
scaffold.

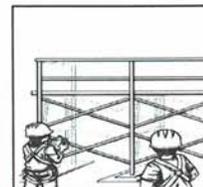


**DON'T**  
Stand on  
guardrails.



**DON'T**  
Climb on the  
cross-braces.

**PLAN** ahead to get the job done safely.  
**PROVIDE** the right roof equipment.  
**TRAIN** everyone to use the equipment safely.



# ROBIN'S CORNER

By Robin Watson, Ohio BWC Representative



**Q: I am hearing a lot about trench & excavation hazards recently. Besides cave-ins, is there any other hazards I should be aware of?**

A: Many construction workers are injured and killed in trench and excavation collapses each year. Although collapsing is the major hazard with trenches and excavations, there are others that you should be aware of, as well.



- Trenches and excavations can be deficient of oxygen or could contain hazardous concentrations of gases like carbon monoxide. Stay out of the trench or excavation and report to your supervisor if either hazard is a possibility.
- Watch out for buried electrical cables that could cause injuries or electrocutions. Excavators are supposed to call local utilities before they dig, but its safest to assume that they haven't. If you see a cable, assume it is hot. Get out immediately without coming into contact with it and report to your supervisor.
- Watch for water lines and avoid breaking them. Broken lines will cause trenches and excavations to cave in quickly. If you see water inside a trench or excavation, get out immediately and contact your supervisor.
- Watch for buried gas lines and other buried hazards. They could cause injuries. For example, a broken natural gas line could be ignited by a welding spark, torch, cigarette or other source.
- Be aware of falling and moving objects while working, especially when an equipment operator is lowering pipe, shoring materials or other objects into the trench or excavation. Keep well away from the process.
- Remember that changing weather conditions may affect the stability of the soil in a trench or excavation. When changes in weather occur, such as rain, snow, ice storms, heavy winds or extended periods of hot, dry, weather. Stay out of the trench until it is inspected by someone with the knowledge and experience to know whether entering could be hazardous.
- Always maintain an accessible means of exiting the trench or excavation such as a ladder or ramp. There should be an accessible exit within 25 feet of every worker inside the trench or excavation.

# The Value of the Plant Survey

*Provided by Chris Zavel Territory Manager, US SafetyGear and Stark County Safety Council Steering Committee Member*

I know that we have the best EHS professionals in the country dealing with a variety of safety hazards in NE Ohio. Most of these companies have already implemented strong safety programs that protect their employees to the best of their ability. Even those companies still find value in a facility survey to identify additional areas of improvement within their safety programs. Some of the recommendations may be considered low hanging fruit and some areas are harder to identify. I find that I can identify areas of additional safety improvements in every plant I visit. Often the recommendations I would make are based on “best safety practices” that I learned at another facility locally. When you have an outside observer walking through the plant and bringing new ideas, you decide when and how to implement those ideas, if at all. This is often according to prioritized importance and budgetary constraints.

I know there is still concern at many companies about security and confidentiality. In those cases, it could make sense for the company to form their own internal plant survey team to walk through to make recommendations. You can also rely on the BWC for their amazing expertise in this plant walk through process.

I recommend you start with the top 10 OSHA citations list which OSHA has pre-selected as the most important areas of safety concern for all companies in the USA.

## Worker's Memorial Day is April 28

Workers' Memorial Day is observed every year on April 28. It is a day to pay tribute to those workers who have died on the job and to acknowledge the suffering experienced by their families and communities. The day also marks a rededication to the fight for safety and healthful workplaces for all workers.

Please join us on May 2, 2020 for a day of remembrance and celebration with a 3 p.m. ceremony at Gateway Plaza, located at 2301 Ontario Street in Cleveland between Progressive Field and Rocket Mortgage Field House. Discounted Cleveland Indians tickets are available to purchase.

Co-sponsored by OSHA, Construction Employers Association, Cleveland Building & Construction Trades Council, and Marathon.

For more information, contact Kayla Flowers, Industrial Hygienist, Cleveland OSHA at 216-447-4169.

# Safety Tip of the Month

Provided by Troy Manion, Safety Director, Hilscher-Clarke & Vice Chair SCSC Steering Committee

#ATipADay

## 30 SPRING CLEANING & PEST PROOFING tips

HomeTeam PEST DEFENSE™

 Remove Spider Webs	Clean the Curtains & Blinds	Deep Clean Carpets 	Store Firewood Properly	Clean Out the Fridge 	Trim Branches & Bushes
Dust the Ceiling Fans	Remove Standing Water	Declutter Under the Sink	Inspect Lighting Fixtures	Organize the Garage	Wash Garbage Cans 
 Check the Attic for Critters	Protect Your Clothes From Moths 	Clean Your Home Office 	Prep & Clean the Grill	Seal the Windows	Clean Under Major Appliances
Set Up Quarterly Pest Control Maintenance	Check Your Window Screens	Install Door Sweeps 	Store Food In Air Tight Containers	Remove Organic Debris from the Yard	Look for Taexx Port Box 
Inspect Outdoor Furniture	Fix Leaky Faucets 	Dust Shelves	Declutter Your Home	Check for & Treat Ant Mounds	Have a Garage Sale 

## Upcoming Events

**March 11-13**—Ohio Safety Congress—Details below.

**March 18**—Employment Law Seminar—Attendance qualifies as an external training credit toward the BWC Safety Council rebate. For more information, contact Suzanne Whitehead at 330.456.8341 or email: [whitehead@bmsa.com](mailto:whitehead@bmsa.com).

**March 24**-Crime Prevention Breakfast—Registration at 7:30 a.m.—8-9:30 a.m. at Skyland Pines—\$15.00 per person. Registration: [www.starkcountysc.com](http://www.starkcountysc.com)

**March 31**—CEO Senior Management Breakfast—Alex D. Krassas Center—8-9:30 a.m.—Safer Roads—A County Engineer's Perspective—Keith Bennett, PE, PS, Stark County Engineer—\$20.00—Registration [www.starkcountysc.com](http://www.starkcountysc.com)

**April 30**—Lockout Tagout—at Canton Regional Chamber—\$10.00. More details to follow

**May 19**—SCSC Awards Banquet—Skyland Pines—Save the Date. More details to follow.



Register:  
[SafetyCongress@bwc.state.oh.us](mailto:SafetyCongress@bwc.state.oh.us)

# FREE BWC SAFETY CLASSES

Free BWC safety classes available at North Canton Service office. See the [BWC catalog](#) for class descriptions.



## Hazard Communication Half-Day Workshop—March

5—8:30-Noon

**Controlling Workers' Compensation Costs** March 18—8:30-4:30

**Powered Industrial Trucks: Developing a Training Program** Half-day Workshop-March

19—8:30-Noon

**Violence in the Workplace**—March 19—1:00-4:30 pm

**Restaurant & Food Service Safety Workshop**—March 23—8:30-4:30

Go to [www.bwclearningcenter.com](http://www.bwclearningcenter.com) to enroll.

## Resources

- The BWC Library creates a monthly 'Safety Update' available at [www.bwc.ohio.gov](http://www.bwc.ohio.gov)
- Occupational Health & Safety Administration—[www.osha.gov](http://www.osha.gov)

## April 9, 2020

# “Workplace Injuries”

**Be prepared, have a plan. Protect your employees and protect your business. OSHA, VSSR, Workers' Comp, Intentional Torts**

**Speaker: Gust Callas, Esq.  
Black McCuskey, Souers,  
Arbaugh**

**Spotlight Company:**



## Safety Council Officers & Contributing Members

**Chairman:** Randy Martin  
(randym@beaverexcavating.com)

**Vice Chair:** Troy Manion  
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**Program Manager & Canton Regional Chamber Representative:** Connie Cerny  
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**Newsletter Coordinator:**  
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**Ohio BWC Representatives:**  
Robin Watson (robin.w.1@bwc.state.oh.us) and  
Deb Bailey (Deborah.b.1@bwc.state.oh.us)



# Stark County Safety Council February 2020 Luncheon Photos



Thank you Q4 Impact Group, LLC.!



February Spotlight Company

NATIONAL  
**Safety Solutions**  
Start With Safety

