Winter Driving Safety

Provided by Curt Speck, President Safety Resources Company of Ohio and SCSC Steering Committee Member

Even the most experienced drivers face the challenge of freezing rain, sleet, snow, and ice. According to the National Highway Traffic Safety Administration 17% of all vehicle crashes occur during winter conditions. It is important to ready yourself, ready your vehicle, and be ready for an emergency in case of an accident.

Did You Know?
- There are 156,164 crashes annually due to icy roads.
- More than 1,300 people are killed in car crashes on snowy or icy roads every year.
- Over 116,800 people get injured in car accidents on snowy or icy roads every year.

Important Reminders
Regular vehicle maintenance is the starting point for year-round driving safety. Your vehicle's battery, wipers, coolant, tires and other systems take a beating when the temperatures drop. If you have snow tires, install them before the snow begins to fall. If you don't have snow tires, check your tire treads.

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December 12, 2019

“What it takes to have an effective safety program”

Panel Discussion
Join members of your safety council steering committee to talk about the importance of a safety culture and leadership.

Toys for Tots Drive this meeting See Page 6

Stark County Safety Council Mission Statement: To provide a forum for safety and health information, education and networking in Stark County, through leadership, innovation, facilitation, program, and support, in partnership with other public and private organizations.
Bald tires are not safe. Be sure to clear your car of snow, ice or dirt from the windows, forward sensors, headlights, taillights and backup camera.

Drive slowly and remember that every vehicle handles differently. Take the time to learn how your vehicle handles especially when driving on wet, icy, or snowy roads. It’s harder to control or stop your vehicle on a slick or snow-covered road. Increase your following distance so that you’ll have plenty of time to stop for vehicles ahead of you. Know the weather and traffic conditions and plan your route before heading out. Be patient and give yourself extra time to get where you’re going.

**Be Prepared:**
- Keep a bundle of cold-weather gear and supplies in your car.
- Make sure your tires are properly inflated and have plenty of tread.
- Keep at least half a tank of fuel in your vehicle at all times.
- Never warm up a vehicle in an enclosed area, such as a garage or a snowbank.
- Do not use cruise control when driving on any slippery surface, such as on ice and snow.

Any of us can get caught out in the elements and help might not be readily available. Even if you have properly prepared yourself and your vehicle, vehicles break down and crashes happen. Make sure your vehicle is stocked to help get you out of trouble or to keep you safe until help arrives. Keep blankets, flashlights, jumper cables, extra food and water, warm clothing, a glass scraper, medications, and flares or emergency lights in your vehicle. Keep your cellphone charged. Even if you don’t need them, they can be used to help someone else in need on the road. Stay safe out there.

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**Thank you SCSC for Giving to the Hat/Mitten/Sock Drive**

Thanks to our members for the donations of hats, gloves, scarfs, mittens, and socks and cash. Cash was also collected and used to purchase additional items. Donations will be will handed out to needy families at “Light Up Downtown” on December 5th by the Canton Fire Department. As always your generosity is overwhelming. We deeply appreciate your continued support each year!
Safety Tip of the Month
Provided by Troy Manion, Safety Director, Hilscher-Clarke & Vice Chair SCSC Steering Committee

Protecting Yourself from Cold Stress

Workers who are exposed to extreme cold or work in cold environments may be at risk of cold stress. Extremely cold or wet weather is a dangerous situation that can cause occupational illness and injuries such as hypothermia, frostbite, trench foot, and chilblains.

Hypothermia

A condition in which the body uses up its stored energy and can no longer produce heat. Often occurs after prolonged exposure to cold temperature.

<table>
<thead>
<tr>
<th>Early symptoms</th>
<th>Late symptoms</th>
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<tbody>
<tr>
<td>Shivering</td>
<td>No shivering</td>
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<tr>
<td>Fatigue</td>
<td>Blue skin</td>
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<tr>
<td>Loss of coordination</td>
<td>Dilated pupils</td>
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<td>Confusion and disorientation</td>
<td>Slowed pulse and breathing</td>
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<td></td>
<td>Loss of consciousness</td>
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First Aid

- Request immediate medical assistance.
- Move the victim into a warm room or shelter.
- Remove wet clothing.
- Warm the center of their body first—chest, neck, head, and groin—using an electric blanket; or use skin-to-skin contact under loose, dry layers of blankets, clothing, or towels.
- If conscious, warm beverages may help increase the body temperature. Do not give alcohol.
- Once temperature has increased keep them dry and wrapped...
Q: What are some safety concerns that I should be aware of during the holidays at home and at work?

A: There are many factors to consider to keep you safe during the holidays. These can apply to work and home. Below are a few to get you started:

1. Inspect electrical cords and decorations for damage before use.
2. Check electric decorations for a certification label (UL). Decorations without a label have not been tested for safety and could be hazardous.
3. Do not overload electrical outlets. Overloading outlets with high wattage appliances are a major cause of holiday fires.
4. Protect cords from damage. Cords should never be pinched by furniture, doors, windows or attached by nails or staples.
5. Follow the package directions on the number of light sets that can be plugged into one socket.
6. Turn off, unplug, and extinguish all decorations when leaving the house unattended or going to sleep.
7. If using a natural Christmas tree, water it frequently to keep it fresh and safe. If using an artificial tree, check that it is labeled “fire resistant”
8. Keep decorations at least three feet away from heat sources – especially those with an open flame, like fireplaces and candles.
9. Ensure all smoke alarms, carbon monoxide alarms and fire extinguishers are in good working condition.
10. Prepare your car for winter and keep an emergency preparedness kit with you. You can even go a step further and provide smoke detectors, carbon monoxide detectors, first aid kits, fire extinguishers or emergency car kits as holiday gifts.
Don’t Crowd The Plow!

Winter has not officially started, however, snow is inevitable and the local road departments are ready. Soon, the County Engineer along with other local departments will be working around the clock to help clear roads and keep drivers safe. In snowy conditions, our office has a specific plan that keeps snow removal running smoothly. Each driver is assigned to a route and every route is about 19 to 22 miles. So when they have a particular road or a particular segment of road, drivers hit the north bound lane, they turn around and then they hit the south bound lane, or east and west. They keep maintaining their roads by applying salt, or breaking any kind of snow pack on their route like a loop, and they’re looping constantly. When the snow falls for a twenty-four hour period, there is always more snow and more roads to clear. A snow route takes about 1 to 2.5 hours, but it all depends on the conditions such as wind, freezing rain, ice, time of day and traffic. Even though there are twenty-three plows for county road routes it’s important to be cautious when driving in snowy conditions because an accident can take a single plow off its route slowing the clearing of the roads.

We have large trucks with reflective material and flashing lights, and still drivers follow too close and hit our trucks. Please, Don’t Crowd the Plow! Our driver’s are plowing the snow, salting the roads, and watching out to see what the public is doing. Being cautious also means to stay clear of a snow plow while it’s in action. A plow can see what’s ahead of traffic better than the car behind it. Let our drivers do their jobs. They work 8 to 12 hour shifts with small breaks when they come in for fuel, and to reload material. It's hard work to be in that plow for those hours and our drivers are on watch the whole time so give them the space they need. Drivers can rest assured that the Engineer’s Office works until the snow stops and the roads are clear.
Here’s a reminder of what you need to know about driving around snow-plows:

**Distance:** Give snowplows room to work. The plows are wide and can cross the centerline or shoulder. Don’t tailgate and try not to pass. If you must pass, take extreme caution and beware of the snow cloud.

**Speed:** Snowplows travel below the posted speed limit. Be patient. Allow plenty of time to slow down. Remember, Ice and Snow, Take it Slow.

**Vision:** A snowplow operator’s field of vision is restricted. You may see them, but they don’t always see you. Keep your distance and watch for sudden stops or turns.

### Upcoming Events

The SCSC December Luncheon is the Toys For Tots Drive. The SCSC will host a Toys for Tots Drive at the December 12th luncheon/meeting. Spread holiday cheer to less fortunate children in our community by donating NEW, UNWRAPPED toys. Thank you!

Register: SafetyCongress@bwc.state.oh.us

*Note: Due to this event, the SCSC March 2020 luncheon will be moved to March 19th*
FREE BWC SAFETY CLASSES
Free BWC safety classes available at North Canton Service office. See the BWC catalog for class descriptions.

Fall Hazards in Construction & Maintenance—December 10-11—8:30-4:30 ea. day
First Aid in the Workplace—Jan 22—8:30-4:30

Go to www.bwclearningcenter.com to enroll.

Resources

- The BWC Library creates a monthly ‘Safety Update’ available at www.bwc.ohio.gov

January 9, 2020
“When It Hits the Fan – Crisis Management”

Bruce Hennes (GlenOak ’72)
Hennes Communications
Veteran Crisis Management & Communications Specialist

Spotlight Company:

EcoPro™
SOLUTIONS
Innovation Driven

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Have a safe and happy holiday from your Stark County Safety Council!
November Spotlight

November Speaker: Kyle E. Weygandt, LSP - MSA, Safety OSHA Compliance Coordinator, Just The F.A.C.T.S. LLC