



**STARK COUNTY**

**SAFETY COUNCIL**

**member news**

Volume 18 Issue 7 July 2020

starkcountysc.com

## The Black-legged Tick & Lyme disease

*Provided by Curt Speck, President,  
Safety Resources Company of Ohio and SCSC Steering Committee Member*

In any work environment, it is important to assess hazards before beginning work. Outdoor work hazards include anything from trips and falls, to unwelcome guests like ticks.



Three **Tick Species** in Ohio carry unwelcomed disease: the American dog tick, the black-legged tick (commonly called the deer tick), and the lone star tick. Two of these species transmit the infection to humans, the American dog tick and the black-legged tick.

As the range of tick populations continue to expand in the state, Lyme Disease cases have increased. Ticks are found most often in wooded, brushy areas or those with tall grass or leaf litter. However, it does not take a hike in the forest to encounter ticks. Anyone that spends time outdoors has an increased risk, and it is crucial to take the necessary steps to prevent tick bites.

Taking **Protective Precautions** is the best way to prevent Lyme disease. These precautions include wearing clothing

*Continued top next page*



Like us on Facebook-[www.starkcountysc.com](http://www.starkcountysc.com).

### SCSC Update

The July Stark County Safety Council meeting has been canceled. Furthermore, there will be no collection of Semi-Annual Reports in July.

We will share FY21 event information with as soon as we receive it from the BWC.

**Save the Date!**  
**The 2020 Ohio Safety Congress has been postponed to March 31-April 2, 2021**



OHIO SAFETY CONGRESS & EXPO

**Stark County Safety Council Mission Statement:** *To provide a forum for safety and health information, education and networking through leadership, innovation, facilitation, programming, and support, in partnership with other public and private organizations.*

*Continued from previous page*

that covers the skin, a hat, long pants, high socks, a long-sleeved shirt, and an EPA-approved tick repellent. Before going inside, examine your clothing for ticks. Use hot water to wash and high heat to dry clothing to kill ticks that may have embedded themselves in the garment. Then, shower as soon as possible. Be sure to perform a full-body check for ticks, paying particular attention to warmer parts of the body, such as behind your knees, under your arms, and in your hair. If you find a tick on your body, follow proper tick removal procedures.

### **Tick Removal Procedures.**

Use fine-tipped tweezers to grasp the tick as close as possible to the skin surface.

Pull upward with steady, even pressure. Don't twist or jerk the tick; this can cause the mouth-parts to break off and remain in the skin. If this happens, remove the mouth-parts with tweezers. If you are unable to remove the mouth easily with clean tweezers, leave it alone and let the skin heal.

After removing the tick, thoroughly clean the bite area and your hands with rubbing alcohol or soap and water.

Never crush a tick with your fingers.

Dispose of a live tick by putting it in alcohol, placing it in a sealed bag/container, wrapping it tightly in tape, or flushing it down the toilet.

**Infection** occurs through the bite of both immature (nymphs) and adult ticks. Nymphs are tiny and difficult to see; they feed during the spring and summer months. Adult ticks are most active during the cooler months, and they are much larger and more likely to be discovered and removed before they have had time to transmit the bacteria. Since most cases appear in July and August, that means the person was infected sometime between June and July. Therefore, late spring through mid-summer is the time of year when Ohioans are most at risk for contracting Lyme disease.

**Early symptoms** of Lyme disease typically begin three to 30 days after a tick bite. They can include muscle pain, joint pain, headache, chills, fever, fatigue, Erythema Migrans Rash (bull's eye rash). Many symptoms are not specific just to Lyme disease. However, the erythema migrans (EM) rash is often characteristic of Lyme disease. The rash usually appears within seven to 14 days after the tick bite and usually begins at the site of the tick bite and gradually expands. The center of the rash may clear as it enlarges, giving it the appearance of a bull's eye or target. The rash may be warm, but it is generally not painful or itchy. While the EM rash is commonly associated with Lyme disease, not everyone infected with Lyme bacteria will develop a rash. The Centers for Disease Control and Prevention estimate that 300,000 people are diagnosed with Lyme disease in the US every year. Lyme disease is curable. See a healthcare provider if you get sick. Early diagnosis and treatment are essential to avoid further health problems related to Lyme disease.

*For more information, see CDC's Lyme disease signs and symptoms.*

# ROBIN'S CORNER

By Robin Watson, Ohio BWC Representative



Bureau of Workers'  
Compensation



**Q: I am trying to determine if the safety training by a Staffing/Temp agency is sufficient to cover OSHA/State requirements once they are placed with an employer.**

In other words, if the Staffing/Temp agency provides LOTO, HazCom, etc... training during their own personal orientation, does the Host Employer in which they are placed need to perform safety training again once they begin work on the Host Employer premises.

A: It's important that hazard-specific and site-specific training as to the hazards located at the Host Employer's facility are given to the Temporary Employee.

When discussing LOTO, authorized employees must be trained on the individual procedures in addition to the general awareness of LOTO. Affected and Other employees must be trained on the general awareness of what the tags, locks, and LO devices look like and to leave them alone.

When discussing HazCom, the Temporary Employee must be trained on what they could be exposed to at the Host Employer's facility usually reviewing the SDS sheets, where the SDS book is located, where the written program is located, how they should handle secondary labeling, etc.

Forklift training addresses site specific hazards and operation specific to the forklift(s) the Temporary Employee might use.

Emergency Preparedness is site specific with information for sheltering in/sheltering out.

PPE is specific to the task at hand and training must be given for donning/doffing.

Etc. for other OSHA regulation safety programs.



# Hot Topic—Summer Safety

*Provided by Randy Martin, Safety Director, The Beaver Excavating Company & Chair, Stark County Safety Council*

Summer is a time for family road trips, outdoor fun in the sun and hopefully lots of great weather.

Here are some simple reminders to prepare for safe summer days:

**Stay cool in the heat:** Keep cool and hydrated and minimize your time in the sun between 11:00 a.m. and 4:00 p.m. Drink plenty of water, find shade, visit cool buildings, slow down, bathe in cool water and wear light-colored clothing. Never leave children or pets inside a parked vehicle. When the outside air temperature is 73°F, the temperature inside a vehicle can be extremely dangerous – more than 122°F.

**Wear the right helmet:** Everyone is encouraged to wear a helmet when cycling, inline skating and skateboarding. The additional cushioning in a helmet could save your life. In bicycle mishaps, the forehead usually makes first contact with the ground. With skateboarding, falls are more common, and helmets are specifically designed to protect more of the back of the head. Unlike bicycle helmets, skateboard headgear is also designed to protect against multiple falls, whereas bicycle helmets should be replaced after one crash.

**When thunder roars, go indoors:** Stay inside for at least 30 minutes after the last rumble of thunder. If you can hear thunder, you can get hit by lightning. Take shelter immediately in a sturdy, fully enclosed building with wiring and plumbing. If no solid building is available, you can take shelter in a metal-roofed vehicle.

**Stay safe while camping:** If strong winds, hail or a tornado is developing while you are camping in a tent or tent-trailer, move to the closest building or a hard-topped vehicle. Make every effort to get to a suitable shelter. If no shelter is available, seek refuge deep in a thick stand of trees in the lowest-lying area.

**Avoid the bugs – and their bite:** Avoid being outdoors at dawn or dusk, when mosquitoes are most active. Keep in mind that ticks are often found along trail edges, mostly in wooded areas or tall grass. Light-colored clothing is less attractive to mosquitoes and allows you to see ticks more easily. Registered [insect](#) repellents containing DEET can be used safely when applied as directed.

**Pack an emergency kit:** You may have some kit items already, such as a flashlight, a wind-up radio, food, water and a manual can opener. Make sure they are organized and easy to find in case you need to evacuate your home. Make a kit to go in a backpack. Whatever you do, don't wait until a disaster is happening to make a kit.



*Continued top of next page*

*Continued from previous page*

**Keep food fresh:** Chilling food properly is one of the most effective ways to reduce the risk of food-borne illness. Leftovers should be chilled promptly but remember to throw them away if they have been out at room temperature for more than two (2) hours. Keep the fridge at 4°C (40°F) or below and use an appliance thermometer to check the temperature.

**Make a (safe) splash:** Never leave a child unattended in water, not even for a second. Pick the best time of the day to swim and avoid swimming at night and in stormy weather. The Red Cross offers tips for all kinds of water activities such as water parks, backyard pools and hot tubs.

**Stay safe on the roads:** Make sure your children are always buckled-up properly while in the car, even for short trips. And remember, the back seat is always the safest place for your children. Please no texting and driving and watch your speed and put your phone down, while driving through construction work zones.

**Connect with care:** Don't mention going away on vacation in your social networking status updates. You may also want to delete messages from friends who mention these things to avoid the possibility of someone robbing your home while you're away. Avoid geotagging photos. Most smartphones and many digital cameras automatically attach the exact location where a photo was taken – and when you share it online, the geotag can give away your address or let criminals know that you're on vacation, which could make your home a target for break-in. More tips here:

**Covid-19:** As we all prepare for the summer activities with family and friends, let's not forget to keep social-distancing in our minds. Washing our hands as well as wearing a face-coverings are the best advice we can take to keep safe from the virus.

## IMPORTANT INFORMATION RE: UPCOMING SAFETY COUNCIL EVENTS FOR UPCOMING MEETINGS AND EVENTS

As per guidance for the Ohio BWC, the following events are being cancelled or postponed to keep everyone safe due to the circumstances surrounding the COVID-19 situation. **The Ohio BWC will be awarding credits for the missed March, April, May, June meetings—CEO credits are waived.** Below is an update on the status of events as of this writing:

**OSHA 2020 Fall Stand Down**—In response to the COVID-19 pandemic and with the utmost of precaution, OSHA has decided to postpone the 2020 Fall Stand Down to a time to be determined later in the summer. A link to the news release is below. The link to the news release is here: <https://www.osha.gov/news/newsreleases/trade/03272020>.

**March 31-April 2, 2021 Ohio Safety Congress**—Save the date!

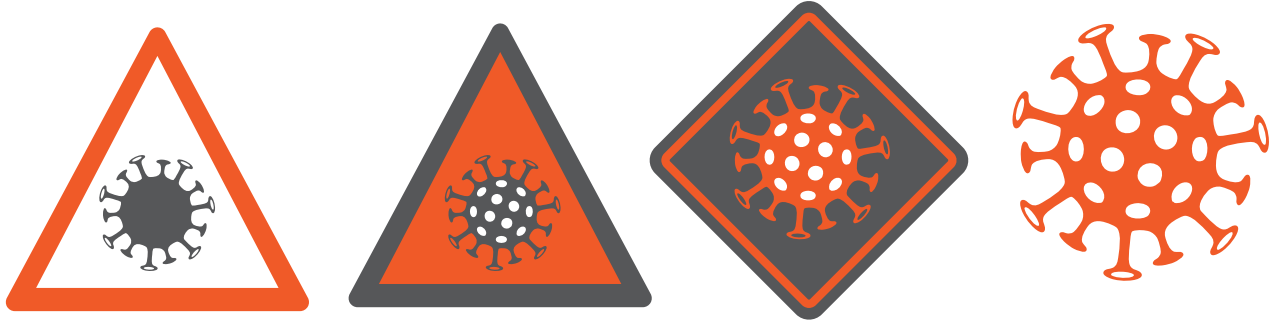
For the latest info on COVID-19 visit [www.coronavirus.ohio.gov](http://www.coronavirus.ohio.gov)

For the latest information on COVID-19s effect on BWC, email [BWCCOVID19@bwc.state.oh.us](mailto:BWCCOVID19@bwc.state.oh.us).



# SCSC WEBINAR

**COVID-19 Update from the Stark County Health Department  
Tuesday, July 21 at 10 a.m.**



## FEATURING

**Stark County Health Department Commissioner, Kirk Norris  
Director of Nursing, Sherry Smith  
Director of Environmental Health, Paul Depasquale**

### **COVID-19 Update with the Stark County Health Department**

**On Tuesday, July 21, please join experts from the Stark County Health Department, as they provide an update on the current healthcare response and future planning efforts for Stark County as it relates to COVID-19. This is a special opportunity to hear first-hand from the “front lines” of this pandemic, and we encourage our members to tune-in to this FREE webinar.**

**Registration is required by July 20. Register online at [StarkCountySC.com](https://StarkCountySC.com)**

# FREE BWC SAFETY CLASSES



All BWC “in-person” classes have been cancelled through July of 2020.

The BWC Library has a “Streaming Videos” service from “Training Network NOW”. There are approximately 260 videos that can be streamed for **FREE**. The videos are anywhere between 4 minutes – 20 minutes long. Please email the library at [library@bwc.state.oh.us](mailto:library@bwc.state.oh.us) to set up an account to use this service.

## Resources

- For the latest info on COVID-19 visit [www.coronavirus.ohio.gov](http://www.coronavirus.ohio.gov)
- For the latest information on COVID-19s effect on BWC, email
- [BWCCOVID19@bwc.state.oh.us](mailto:BWCCOVID19@bwc.state.oh.us).
- The BWC Library creates a monthly ‘Safety Update’ available at [info.bwc.ohio.gov](http://info.bwc.ohio.gov)
- Occupational Health & Safety Administration—[www.osha.gov](http://www.osha.gov)

**Your Stark County Safety Council is hoping you are well and staying safe.**

**Please note that Connie Cerny, SCSC Program Manager, is out of the office on medical leave.**

**If you have any questions, please contact**

**Monique Thompson at [moniquet@cantonchamber.org](mailto:moniquet@cantonchamber.org) or (330) 456-7253.**

## Safety Council Officers & Contributing Members

**Chairman:** Randy Martin  
([randym@beaverexcavating.com](mailto:randym@beaverexcavating.com))

**Vice Chair:** Troy Manion  
([tmanion@hilscher-clarke.com](mailto:tmanion@hilscher-clarke.com))

**Program Manager & Canton Regional Chamber Representative:** Connie Cerny  
([conniec@cantonchamber.org](mailto:conniec@cantonchamber.org))

**Newsletter Coordinator:**  
Karen L. Bostrom ([kbostrom@kwgd.com](mailto:kbostrom@kwgd.com))

**Ohio BWC Representatives:**  
Robin Watson ([robin.w.1@bwc.state.oh.us](mailto:robin.w.1@bwc.state.oh.us)) and  
Deb Bailey ([Deborah.b.1@bwc.state.oh.us](mailto:Deborah.b.1@bwc.state.oh.us))

# WEBiNAR

Tuesday, July 7



INSTRUCTOR  
Lisa Houston

Lisa Houston is an industrial safety consultant specialist with the BWC. She received a Bachelor of Science degree in Business Administration specializing in risk management and insurance from the Ohio State University (OSU). After graduating from OSU, Lisa became a safety consultant specialist. She performs safety consultative services in a wide range of industries and topics; including safety management, leadership development, cultural change, onsite visits, safety training, and safety program review.

## What does a Safety and Health Program Look Like?



11:00 a.m. - 12:00 p.m.  
7.7.2020

This course is designed to assist in developing a safety and health program. The course will identify topics to develop a plan of action to get you started or review what you currently have in place. Attendees will learn the essential elements of a safety policy statement, program elements, the roles and responsibilities of the employers and employees, and tips for establishing a training program.

- This webinar does not offer credit.
- When your registration is complete, you will receive a confirmation email with instructions for joining the webinar. You can click the link at any time and go to the log-in page.

[REGISTER NOW](#)

NEED HELP? CONTACT KAYLEE BLEVINGS: [Kaylee.B.1@bwc.state.oh.us](mailto:Kaylee.B.1@bwc.state.oh.us)





*Stark County Safety Council  
Photos From the Archives*

