



STARK COUNTY SAFETY COUNCIL

member news

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Carbon Monoxide: It's as Dangerous as the Hype

*Provided by Curtis Speck, President
Safety Resources Company of Ohio, Inc. and
Stark County Safety Council Committee Member*

Sometimes, it may seem like safety professionals love to be overly dramatic about particular subjects. Few though are as hyped as Carbon Monoxide. Often called "The Silent Killer", Carbon Monoxide, or CO, is an odorless, colorless, tasteless, and most importantly, poisonous gas. Carbon Monoxide is produced when Carbon containing fuels are burned incompletely. When inhaled, Carbon Monoxide displaces Oxygen in the blood stream, reducing its ability to supply Oxygen to the body, especially the brain and heart. Within minutes, this Oxygen deprivation can cause nausea, chest tightness, dizziness, all the way up to unconsciousness leading to death by asphyxiation. Even when with recovery from Acute CO Poisoning, sufferers may endure permanent damage to the brain, heart, and reproductive system. Compounding this, age, health, altitude, and even being a smoker can all make you more susceptible to CO Poisoning.

In addition to obvious sources of Carbon Monoxide like internal combustion engines, welding

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October 12, 2017

At the Alex D. Krassas Center

Identity Theft: Steps to Protect Your Company's Data

**Kris Evans, Certified Identity Theft
Risk Management Consultant,
Harvard Risk Management
Corporation**

Spotlight Company



R.G. Fire Protection represents more than 75 years in fire detection, suppression and prevention system design, installation and maintenance. We repair and retrofit old systems, maintain and inspect current systems, and design and install new systems so every building and every business can be properly protected from the dangers of a fire.

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Stark County Safety Council Mission Statement: *To provide a forum for safety and health information, education and networking in Stark County, through leadership, innovation, facilitation, program, and support, in partnership with other public and private organizations.*

ROBIN'S CORNER

By Robin Watson, Ohio BWC Representative

Question: We had a scabies exposure . . . I know these are considered OSHA recordables but would they be privacy cases?

Answer: 29 CFR 1904 - Are there situations where I do not put the employee's name on the forms for privacy reasons?

Yes, if you have a "privacy concern case," you may not enter the employee's name on the OSHA 300 Log. Instead, enter "privacy case" in the space normally used for the employee's name. This will protect the privacy of the injured or ill employee when another employee, a former employee, or an authorized employee representative is provided access to the OSHA 300 Log under 1904.35(b)(2). You must keep a separate, confidential list of the case numbers and employee names for your privacy concern cases so you can update the cases and provide the information to the government if asked to do so.

1904.29(b)(7) - How do I determine if an injury or illness is a privacy concern case?

You must consider the following injuries or illnesses to be privacy concern cases:

1904.29(b)(7)(i) - An injury or illness to an intimate body part or the reproductive system;



1904.29(b)(7)(ii) - An injury or illness resulting from a sexual assault;

1904.29(b)(7)(iii) - Mental illnesses;

1904.29(b)(7)(iv) - HIV infection, hepatitis, or tuberculosis;

1904.29(b)(7)(v) - Needlestick injuries and cuts from sharp objects that are contaminated with another person's blood or other potentially infectious material (see 1904.8 for definitions); and

1904.29(b)(7)(vi) - Other illnesses, if the employee voluntarily requests that his or her name not be entered on the log.

1904.29(b)(8) - May I classify any other types of injuries and illnesses as privacy concern cases?

March 7-9—Ohio Safety Congress & Expo

Greater Columbus Convention Center—Registration now open:

https://bwc.expoplanner.com/index.cfm?do=reg.content&event_id=19&content_id=382&page_id=1&entity_id=55®s_id=0

Halloween Safety For Motorists

*Provided by Troy Manion
Safety Director Hilscher-Clarke and
SCSC steering committee member*

This month many will celebrate Halloween where young children dress up in costumes to go from door to door throughout the neighborhood getting treats and candy from neighbors. It is all in fun, but fun can turn to tragedy very quickly as the dark streets are flocked with young children. Motorists have to take special precautions during this time to protect your children, grandchildren, nieces and nephews during the festivities. Here are some Halloween safety tips for motorists:

Safety Tips

- If you do not have to go out on Halloween while kids are Trick or Treating, then stay home. This is the best and most effective way to help keep everyone safe.
- Slowdown in residential neighborhoods and obey all traffic signs and signals. Drive at least 5 mph below the posted speed limit to give yourself extra time to react to children who may dart into the street.
- Don't utilize your high beams as it may help you see further, it prevents traffic coming in the opposite direction from seeing young children.
- Watch for children walking on roadways, medians, curbs, sidewalks and streets with no sidewalks. In dark costumes, they'll be harder to see trick or treating at night.
- Watch for children crossing the street who cross mid-block or between parked cars and may not pay attention to traffic.
- Watch for children darting out from between parked cars and shrubbery.
- Carefully enter and exit driveways.
- Don't park in the street if you don't have to. You are better parking in a driveway, alley or other place off the road to give children and other motorists plenty of room.



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Halloween Safety—Continued from previous page

- **BE CAREFUL BACKING UP!** Have someone stand behind the vehicle to make sure that no children are walking by.
- Turn on your headlights to make yourself more visible - even in the daylight.
- Broaden your scanning by looking for children left and right into yards and front porches of houses you are driving by.
- At twilight and later in the evening, watch for children in dark clothing.
- Be Alert, Be Aware, and Be Safe!

Each year in the United States there are several stories of children who are hit by cars during this Halloween tradition. Don't be one of the statistics. Remember that children can be very unpredictable and may dart out when/where you don't expect it. It certainly doesn't help the matter that they are excited about being dressed up, in a hurry to get from house to house and probably have limited vision due to the mask or other costume they are wearing. Take extra precautions and ensure everyone's child gets home safely.



Carbon Monoxide—continued from first page

forging, certain chemical processes, portable heaters, and even ordinary fires can produce CO. Fires and equipment that burn wood, gas, kerosene, diesel, oil, coal, and propane all produce Carbon Monoxide, and need to be managed accordingly. Simply put, if you work in an industrial or construction environment, you probably work with or around something that can generate Carbon Monoxide.

So what can be done then? Like most safety topics, hazard prevention and elimination are the first and best lines of defense. Because CO has a tendency to build up in poorly ventilated areas, performing these tasks in open air environments is the most ideal. Where this is not possible, then adequate ventilation systems should be used to ensure that fresh air is supplied to work spaces. Spaces that are likely to have Carbon Monoxide buildup should also be monitored to ensure they are safe to work in. If necessary, workers should be provided with SCBA respirators, especially rescue teams. On the equipment side, ensuring that proper maintenance is being performed on equipment can help to reduce how much CO is even produced. Opting for battery powered or compressed air driven equipment will also reduce or eliminate Carbon Monoxide in work areas.

So, what should you do when someone does begin to suffer from Carbon Monoxide poisoning. First, being aware of the symptoms and warning signs of CO exposure is a must. Nausea, dizziness, and tightness through the chest are all warnings that should never be "toughed out". If you or a co worker begin to experience them, get to an area with fresh air immediately, and inform your supervisor of the situation. The longer you wait to do this, the greater the risk of permanent damage becomes. If someone collapses, get them out of the area and call for emergency assistance. In serious cases, evacuation of the work area may be necessary.

Remember, it only takes minutes for someone to succumb to Carbon Monoxide, so immediate action is a must. Anything less could be a fatal mistake.

Upcoming Events

October 10—Fire Prevention Breakfast—8am-9:30am—registration 7:15 am—\$15.00 p/p at Skyland Pines. Register at starkcountysafetycouncil.org

November 13—OSHA Recordkeeping and Reporting—8:30am-11:30am—Canton Regional Chamber of Commerce—Fee—Register at starkcountysafetycouncil.org



Class Schedule (North Canton)
339 E. Maple St. Suite 200
North Canton, OH 44720

Register at bwclearningcenter.com

Train the Trainer Techniques for Safety—Oct. 3-4—1.5 days

Measuring Safety Performance—Nov. 1—8:30 a.m.—4:30 p.m.

Electrical Basics—Nov. 7—8:30 a.m.—noon

Understanding and Identifying Ergonomic Risk Factors—Nov. 7—1:00—4:30 p.m.

First Aid in the Workplace—Nov. 30—8:30 a.m.-4:30 p.m.

Coming Next Month

November 9, 2017

**“Using Stress Management
Techniques to Boost Employee
Productivity”**

**Charlotte Schaar, BCS, CCWS
Wellness Product Specialist,
Huntington Insurance**

Spotlight Company:



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