



# STARK COUNTY

## SAFETY COUNCIL

2017 SAFETY COUNCIL OF THE YEAR

# member news

Volume 16 Issue 10 October 2018

starkcountysc.com

## As Cold Weather Approaches—Are Your Crews Prepared?

*Provided by Andrew Seich, Director of Digital Media, Safety Resources Company of Ohio*

**I**t's October once again, and along with the start of the holiday season comes cold and wet working conditions. These conditions present a number of hazards that can lead to significant harm if not addressed properly. Get ahead of the game by taking these precautions to prepare for the coming months.

- Ensure that work crews are properly equipped for cold weather work. All workers should have adequate clothing, jackets, and gloves.
- Make sure that workers have access to warm rest areas stocked with warm, sweet drinks, and cold weather first aid supplies, such as blankets and clean, dry clothing.
- Build cold weather safety into your scheduling. Always schedule workers in groups, mandate periodic cold recovery periods, and avoid working in extreme wet or cold weather conditions.

*Continued on top of next page*



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## October 11, 2018

## “OSHA Enforcement Update”

**Howie Eberts, Area Director  
OSHA Cleveland Area Office**

### Spotlight Company

Founded in 1933 in Pittsburgh PA, Highway Equipment Company is one of America’s leading sales, rental, parts and service providers of highway, construction, oil and gas, mining, quarry and industrial material-handling equipment with over 20 lines of OEM Equipment.



Highway Equipment’s real advantages stem from our dedicated people, a long history of industrial experience, and the breadth of products and services we offer.

Highway Equipment employees over 135 mechanics, sales and support staff in Ohio, Virginia, North Carolina, South Carolina and 4 locations in western Pennsylvania.

Highway Equipment of Ohio opened in 2014 and is a full line heavy equipment dealer located in Canton at: 1405 Timken Place SW. Phone 330-915-8411

*Highway Equipment Company:  
Real People. Real History. Real Service.*

**Stark County Safety Council Mission Statement:** *To provide a forum for safety and health information, education and networking in Stark County, through leadership, innovation, facilitation, program, and support, in partnership with other public and private organizations.*

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- Make sure that your workers are trained on how to properly identify and respond to cold weather injuries.
- Never allow a worker who has become a victim of frostbite, hypothermia, or any other cold stress injury to return to work until they have been cleared to do so by a medical professional
- Review your company's cold weather policies with your workers to ensure that they are well informed on the dangers they need to be aware of.

It is all too frequent that workers try to tough out harsh weather for the sake of finishing a job. Unfortunately, this can leave workers exposed to hazards that could cost them time, money, or even their lives. Make sure your crews are prepared, and prevent workers from falling victim to the cold.

**Let's help keep needy families warm this season.**



The Stark County Safety Council will be collecting **hats, mittens, gloves and socks** at the **November 8<sup>th</sup>** luncheon.

Items will be distributed to families in need on **December 6<sup>th</sup>** at **Light Up Downtown!** [www.lightupdowntown.com](http://www.lightupdowntown.com)

**As always your generosity is truly appreciated!**  
**Both children and adult sizes needed.**

**OSC19**  
OHIO SAFETY CONGRESS & EXPO

March 6-8, 2019 • Greater Columbus Convention Center

# Staying Healthy in The Workplace

*Provided by Amy Schiefer, Director of Business and Marketing,  
AultWorks and Stark County Safety Council Committee Member*

**F**lu Season is almost here, how to stay healthy at home and in the workplace:



Everyone dreads when someone at work comes down with the flu because chances are it may spread throughout the office. Some things to keep in mind to make sure that you and your co-workers stay as healthy as possible this upcoming flu season include:

1. Get a flu shot – A yearly flu vaccine is the first and most important step in protection against flu viruses.
2. Wash your hands often and thoroughly with soap and water to reduce the spread of germs. Use an alcohol-based sanitizer on your hands if soap and water are not available.
3. Use paper towels to dry your hands after washing.
4. Stay away from anyone that is sick.
5. Avoid crowds during the flu season.
6. Disinfect contaminated surfaces.
  - a. A tip from the CDC is to disinfect your kitchen sponges in the microwave for 30 seconds every evening or run them through the dishwasher.
  - b. According to the CDC, the flu virus can live on hard surfaces for up to eight hours.
7. Keep your hands away from your eyes, nose and mouth whenever possible.
8. Practice good health habits. Get plenty of sleep, exercise regularly, drink plenty of fluids, eat a nutritious diet and manage your stress.

Fight the flu, it's up to you.

Resources: [CDC.gov/ounceofprevention](http://CDC.gov/ounceofprevention)

# Safety Tip of the Month

*Provided by Troy Manion, Safety Director, Hilscher-Clarke  
And Stark County Safety Council Steering Committee Member*

## Fall Driving Tips

### **The Dangers of Leaves on the Roads**

When leaves accumulate on the roadway and become wet, they can get extremely slippery, making the driving conditions similar to driving on ice. If the temperature drops below freezing, the wet leaves will freeze and turn into dangerous icy leaves on the roadway. Besides reducing the car's traction, causing skidding and the possibility of losing control of the vehicle, leaves often cover the painted road markings, making it difficult to know the locations of the lanes.

Slow down if you are driving on a road covered with leaves, especially when driving around turns.

Allow yourself plenty of room to stop in an emergency. Keep a greater distance between you and the car in front of you.



Leaves make it difficult to see potholes and bumps in the road.

A pile of leaves raked to the side of the road is an inviting place to a child. Children enjoy jumping into the leaf piles or burrowing down into them and hiding. Never drive through a leaf pile. Use caution going around turns and where children are playing.

Keep your windshield leaf free to avoid wet leaves getting stuck under the windshield wiper blades.

In order to avoid the possibility of a fire hazard from the exhaust system or catalytic converter, never park your vehicle over a pile of leaves .

### **Changing Weather Conditions**

In many areas, autumn is a damp, wet season. There are many rainy or foggy days and nights. As the temperatures drop, frost often coats the ground at night.

When driving in fog, set your headlight to low beam. This setting aims the beam of light down toward the roadway.

In the fall as temperatures drop, frost often forms on the roadway, causing hazardous driving conditions. Drive slowly and break gently at overpasses and bridges as these areas frost over more quickly than other roadway surfaces.

Be aware of areas where black ice forms on the roadway.

# ROBIN'S CORNER

By Robin Watson, Ohio BWC Representative

## Industrial Hygiene Air Monitoring “Rule of Thumb”



Bureau of Workers'  
Compensation

**Q: Since my air monitoring results were all below the Occupational Exposure Limits, are there any further actions needed to be taken (other than recordkeeping requirements)?**



A: Just because air contaminant concentrations are below the current occupational health standards and guidelines, does not always mean they should be ignored. When evaluating the results of an Industrial Hygiene air survey, a general rule of thumb is often used when attempting to determine whether or not an exposure has exceeded an acceptable risk level. This rule of thumb states that if a measured exposure level exceeds one-half of the value of the lowest current occupational health standard or guideline, an action level has been reached. When an action level has been reached, it is time to begin investigating engineering, administrative or personal protective equipment measures to prevent workers' exposures from reaching harmful concentrations.

## Upcoming Events

**Oct. 3**—9 a.m.-3 p.m.—Planning & Response Conference—Free. Contact Connie Cerny (conniec@cantonchamber.org) at the Stark County Safety Council for more information.

**Oct. 9**—8 a.m.—9:30 a.m.—Fire Prevention Breakfast at Skyland Pines—\$15.00 per person. Register at [starkcountysafetycouncil.org](http://starkcountysafetycouncil.org)

**Oct. 12**—NE Ohio Safety Expo at Trumbull Career & Tech Center. \$35.00. Contact Mary Kay Papas 330.847.0503 ext. 1600 or [marykay.papas@tctchome.com](mailto:marykay.papas@tctchome.com) for registration.

**March 6-8, 2019**—Save the Date! Ohio Safety Congress & Expo at the Greater Columbus Convention Center

# FREE BWC SAFETY CLASSES



There are free BWC safety classes available at North Canton Service office that might benefit your company. Please consider attending one of these classes. See the [BWC catalog](#) for descriptions for each class.

**OSHA 10: Industry Safety Basics:** Oct. 3-4—8:30-4:30 pm each day

**Electrical Basics:** Oct. 9—8:30-noon

**Train the Trainer Techniques for Safety—**Oct. 29-30 (1.5 days)

**First Aid in the Workplace—**Nov. 6—8:30-4:30 p.m.

Go to [www.bwclearningcenter.com](http://www.bwclearningcenter.com) to enroll.

## Resources

The BWC Library creates a monthly ‘Safety Update’ available at [bwc.ohio.gov](http://bwc.ohio.gov)”  
Occupational Health & Safety Administration—[www.osha.gov](http://www.osha.gov)

**November 8, 2018**

## “Reduce Injuries and Pain Through Exercise”

**Gene Lehman, Owner, Better  
Life Flex-N-Stretch**

**Spotlight  
Company:**



## Safety Council Officers & Contributing Members

**Chairman:** Mark Cush ([mcush@youngtrucks.com](mailto:mcush@youngtrucks.com))

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Deb Bailey ([Deborah.b.1@bwc.state.oh.us](mailto:Deborah.b.1@bwc.state.oh.us))

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**STARK COUNTY**  
**SAFETY COUNCIL**  
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*Stark County Safety Council  
 September 2018 Photos*

